

IMPROVING
HEALTH AND
LIVES

Dilemmas in Diversity

One-day conference: Equality issues for mental health service users

Norfolk & Waveney Mental Health NHS Foundation Trust
invites you to its second Mental Wellbeing event:
'Dilemmas in Diversity Mental Health Conference'
10 October 2008, 10am to 5pm
at Norwich City Football Club

There has been a great deal of focus on the mental health needs of black and minority ethnic (BME) communities. Debates around how organisations should provide services to the wider community have meant new policies and extra investment. But where are we now? What are the issues for BME communities today? And how can organisations and commissioners further develop services to better serve the needs of all groups?





This one-day event aims to explore some of the real issues affecting BME communities and access to mental health services.

The conference aims to:

- Help identify the hidden barriers for BME communities who have mental health difficulties
- Examine mental health provision and ways to challenge the barriers to diversity
- Explore the governments Delivering Race Equality agenda and its impact on services
- Hear from key note speakers setting out their views on diversity in a variety of public settings
- Bring together frontline staff, commissioners and policy makers to discuss the challenges around diversity and mental health.

Who should attend?

This conference is aimed at Chairs and Chief Executives of NHS Trusts including Primary Care Trust's and Strategic Health Authority's from across the UK. As well as senior managers, frontline workers, social service managers and practitioners, service user and carer representatives,

commissioners and public health staff, BME community organisations and union representatives.

The keynote speakers are:

- Melba Wilson, National Director at Delivering Race Equality, CSIP
The Delivering Race Equality (DRE) action plan
- Historian Dr Richard Maguire, Norfolk Museums and Archaeology service
Norfolk and the slave trade: the legacy for the county today
- Mr Dave Cudworth, Senior Lecturer at the University of East London
Working with children in travelling communities
- Reka Dove, Clinical Psychologist at the Medical Foundation (for the care of victims of torture)
Mental health needs of refugee families
- Professor Swaran Singh, Consultant Psychiatrist
Ethnic differences in mental health: the simple answers to complex problems
- Wendy Franks, Norfolk and Waveney Mental Health NHS Foundation Trust
The mental health issues of migrant workers
- Anne Matin, Norfolk and Norwich Race Equality Council
Cultural Competency: the needs of public organisations and their staff.

Want to find out more?

To find out more and to book a place contact the Marriott Centre on 01603 421541, email: training@nwmhp.nhs.uk or visit the Trust's website at www.nwmhft.nhs.uk

Tickets for this conference are £150 per person, including lunch and refreshments. There are limited free places for service users and carers, and discounted tickets of £100 per person for Norfolk and Waveney Mental Health NHS Foundation Trust staff.